

## **JA Menu Week of 11/1-11/5**

### **Breakfast:**

- Monday: Pancakes or  
Bagel and Cream Cheese
- Tuesday: Egg Tac-Go or  
Benefit Bar
- Wednesday: Cinni Mini or  
Banana Bread
- Thursday: Omlettes or  
Benefit Bar
- Friday: Peanut Butter and Jelly or  
Yogurt and Granola Bar

### **Lunch:**

- Monday: Chicken Alfredo with Garlic Bread or  
Chicken Burger or  
Burrito
- Tuesday: Beef Teriyaki with Rice or  
Popcorn Chicken with Tots or  
Grilled Cheese
- Wednesday: Nachos with Beef and Refried Beans or  
Deli Sandwich or  
Peanut Butter and Jelly
- Thursday: Homemade Chili and Cinnamon Roll or  
Chicken Burger or  
Grilled Cheese
- Friday: Homemade Pizza or  
Cheeseburger or  
Burrito