



MOUNTAIN VIEW MIDDLE SCHOOL
2015 N EMERY DRIVE NEWBERG, OR 97132

To: Parents/Guardians of Eighth Grade Students

From: Mr. Reinhardt and Mrs. Brown
Date: March 20th, 2018

A one week health unit for eighth grade students will begin Monday, April 9th. The curriculum will cover aspects of both mental and physical health as outlined in the Health Curriculum Guide adopted by the Newberg School Board. The mental health unit will focus primarily on the problems, pressures, and responsibilities of adolescent development. The physical health segment will include instruction in personal hygiene, maturation and development, and human reproduction. Boys and girls will be taught separately for this unit; boys by Mr. Reinhardt and girls by Mrs. Brown.

Specific goals will be:

- For students to be able to identify growth and maturation issues which are unique to adolescence.
- For students to learn and use the vocabulary necessary to discuss the anatomy and physiology of the human reproductive system.
- For students to be able to identify specific effects of both genetics and environment on fetal development (e.g. heredity, twinning, birth defects, fetal alcohol syndrome).
- For students to be aware of behaviors which contribute to the spread of communicable diseases of the reproductive system, including AIDS.
- To briefly present information concerning contraception and disease prevention, with abstinence being stressed as the appropriate choice for today's youth.

If you have any questions about this health unit, or wish to review the course materials used you may do so the week after springbreak (4/2-4/6) during school hours in the office. If your wish is for your student to not partake in health for this unit please contact the school to opt them out.

Mr. Reinhardt: *Mr. Reinhardt*

Mrs. Brown:

Judy L. Brown

Mrs. McElligott:

Mrs. McElligott

Mrs. Thonstad:

Thonstad